

LESSON PLAN B

LESSON GUIDELINE - PRE-WORK

Lesson Title: African Dance & Cultural Class Dance Challenge

Name of Activity: African Dance Challenge

Duration: 30 Minutes

Learning Objective: Students will demonstrate their creative arts skills by conducting research on a popular dance moves from Africa.

Technology & Arts: Through this lesson students will be asked to perform and record the dance with a peer and upload it onto power-point.

Materials:

- Student Cell Phone or Laptop
- Access to Internet

Lesson Background (For Teacher)

African dance refers to the various dance styles of sub-Saharan Africa. These dances are closely connected with the traditional rhythms and music traditions of the region. Music and dancing is an integral part of many traditional African societies. Songs and dances facilitate teaching and promoting social values, celebrating special events and major life milestones, performing oral history and other recitations, and spiritual experiences. African dance utilizes the concepts of polyrhythm and total body articulation. African dances are a collective activity performed in large groups, with significant interaction between dancers and onlookers in the majority of styles.

What are the traditional dance in Africa?- For example discussion. And teacher should pick one of the dances from the link to demonstrate to the class. Teacher should provide at least 3 facts about that country.

Instruction 1: Teacher should ask student to research ONE popular African dance using the YouTube link or Video Title:

Video Title The Ultimate List of All African Dance Moves A – Z

Video Link: <https://www.youtube.com/watch?v=Z39buywBdHA>

Video Guideline and Submission:

- Video can be recorded using a Laptop or Cell Phone and embedded into Power-Point Slide and emailed to teacher or placed on google drive. Slides show have Title Page, Video and One slide providing three facts about the country and Dance Name
- Length of video should be between 1 minute to 2 minutes long (Disclaimer- Students should submit appropriate dance moves and nothing explicit)